



## **MONDAY**

07:15	until	08:00	Fitness Yoga	Midsomer Norton Sports Centre
11:00	until	11:45	Zumba Fitness	Midsomer Norton Sports Centre
18:00	until	18:30	Ab Attack	Writhlington Sports Centre
18:30	until	19:15	Zumba	Writhlington Sports Centre
19:30	until	20:15	Total Body Tone	Writhlington Sports Centre
20:30	until	21:15	Fitness Yoga	Writhlington Sports Centre

## **TUESDAY**

09:30	until	10:15	Zumba	Writhlington Sports Centre
10:30	until	11:15	Fitness Yoga	Writhlington Sports Centre
17:15	until	18:00	Zumba Toning	Writhlington Sports Centre
18:15	until	19:00	Bums and Tums	Writhlington Sports Centre
19:15	until	20:00	Total Body Tone	Writhlington Sports Centre

## **WEDNESDAY**

10:00	until	10:45	Zumba	Midsomer Norton Sports Centre
10:45	until	11:30	Bums and Tums	Midsomer Norton Sports Centre
13:30	until	14:15	Legs, Bums 'n Tums	Writhlington Sports Centre

## **THURSDAY**

18:00	until	18:50	Fitness Yoga	Writhlington Sports Centre
19:00	until	19:45	Beginners Zumba	Writhlington Sports Centre
19:45	until	20:30	Zumba	Writhlington Sports Centre

## **FRIDAY**

10:00	until	10:45	Zumba Toning	Writhlington Sports Centre
11:00	until	11:55	Fitness Yoga	Midsomer Norton Sports Centre